



**THIRSTY?
CHOOSE
WATER!**

Instagram competition
Year 7, 2017

Pic of a pick

Win your school a chilled water station 2 up for grabs for Central Coast High Schools!
Plus prizes for the 2 winners (\$100 voucher) and \$50 vouchers for 8 finalists @ a large sport store.

NSW GOVERNMENT | Health Central Coast Local Health District

Entry & Consent Form

To enter you will need to:

1. Complete this entry & consent form including your parent/guardian signature before 21st November, 2017.
2. Follow **@thirstychoosewater1 on Instagram**.
3. Take a pic/video featuring the guitar pick (provided at Year 7 Immunisation). The pic should show how you are choosing to drink water, be creative! Remember no identifying faces.
4. Direct message your pic/video along with a photo of this signed entry & consent form to **@thirstychoosewater1**. Provide a brief caption including the name of your school.
5. Post the pic/video to your own Instagram account using the hashtag **#thirstychoosewater** and tag your mates!
6. OR if you don't use Instagram . . . email your pic and this consent form (scanned) to **CCLHD-HealthPromotion@health.nsw.gov.au**

Return this form

Instagram ▶ Take a pic/video and direct message to **@thirstychoosewater1**

Email ▶ Scan this entry & consent form and email your pic video to **CCLHD-HealthPromotion@health.nsw.gov.au**

Good luck !

Name of Central Coast School

Year 7 Student Name

Parent/carer permission

I give permission for my child to enter the *Thirsty? Choose Water* photographic competition using Instagram or email.

Privacy settings on Instagram are not required to change to enter the competition.

I agree to the terms and conditions see **choosewater.com.au**

Parent/Carer's Name

Parent/Carer's Signature

Date _____

Instagram & Email competition Terms & Conditions

1. The competition will be run by Health Promotion Service, Central Coast Local Health District.

Entry

2. Information on how to enter will be on choosewater.com.au and distributed to Central Coast Secondary schools via School Immunisation visit.
3. Entry is open to all Central Coast Year 7 students attending a Central Coast Secondary School (see list of secondary schools on website).
4. More than one entry will be accepted for each individual/school. Maximum of 3 photos per individual or class.
5. No identifying faces to be shown in the photographs.
6. The guitar pick will be given out to Year 7 students during Immunisation and must be in the photo.
7. An entry and consent form must be completed to ensure that parents are aware that the competition is being entered. This may be direct messaged to @thirstychoosewater1 (Instagram) or email to CCLHD-HealthPromotion@health.nsw.gov.au
8. The competition will commence Term 3, 2017 (4th September) and will end after all Year 7 immunisations have been completed (by 16th November 2017).
9. Entry to the competition is through the Instagram @thirstychoosewater account to be eligible to win a prize or email to CCLHD-HealthPromotion@health.nsw.gov.au

Prizes

10. The prize pool consists of:
 - 2 x \$100 gift vouchers (Rebel sports) for the 2 winning photos by Individuals/group
 - 8 x \$50 gift vouchers (Rebel sports) for individual/group finalists
 - 2 x Free Standing Water Chilling Stations with Bubbler and Carafe Filler – Stainless steel. (Valued at over \$1000 for each school).
11. One school cannot win both Water Chilling Stations.
12. The winning school will be responsible for installation of the Water Chilling stations –plumbing and electrical works. Work will be done by Asset Management Unit for the Department of Education schools at no cost to the school.

Judging

13. Judging will take place at the Central Coast Local Health District, Health Promotion office in Gosford. Based on the relevance of the photo to the Thirsty? Choose Water theme.
14. Winners will be notified through their school and Instagram by 30/11/17.
15. The prizes are subject to the conditions imposed by the particular supplier.
16. Judges decision shall be final.

Use of the images

17. All images published on Instagram @thirstychoosewater1 will be moderated. The images and associated usernames will be public to all.
18. By entering the competition and accepting the terms and conditions you agree your images can be broadcast via digital feeds or printed for physical events by Health Promotion.