



NSW

bike week

Proudly supported by Transport for NSW

Go Active 2 Work Breakfast

C'mon Coasties –
Get on your bike
and join your local
community for
breakfast on your
way to work!

Wednesday 20 September 2017

William Street Mall (near Kibble Park)

Gosford

6.00am-9.00am

Free goodies* include **bike lights, high-visibility backpack covers and slap bands, water bottles, stickers and more.**

- Meet bike-minded people of all ages and abilities, including complete beginners.
- Enjoy a cuppa (with your free voucher*) and a chat and make plans to do it all again.
- Register on the day for Central Coast Go Active 2 Work Day (Third Wednesday every month) and receive a **free Go Active 2 Work commuter satchel and reusable cup***

Cycling is the healthier, easier, cheaper and greener way to go for short trips. It's fun too.

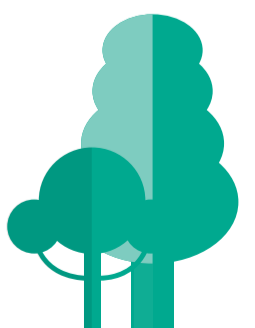
C'mon Coasties, get on your bike and join the fun! You'll feel happier and healthier for the experience.

*While stocks last



For more details on this event
please contact Central Coast Health
Promotion Service on 4320 9700 or
GA2W@healthpromotion.com.au.

**GO
ACTIVE 2 WORK**



We're celebrating 200 years of the bicycle!
For more information visit transportnsw.info/bikeweek

 **Transport**